



**Friday 3<sup>rd</sup> November 2023**

**Cavendish School Prayer**

*Dear Lord*

*We thank you for our school and everything in it  
The equipment the grounds and the friendly faces  
We give thanks for all the people who help us to learn  
Help us to live our lives, as you have taught us  
To respect our friends and family  
And to care for your world  
Amen*

We hope that you have all remained safe and well during the recent bad weather. We will be looking forward to welcoming the children back to school on Monday.

A slightly shorter newsletter than normal, but we wanted to share how we spent Wednesday this week in "All About Me day"

**All About Me day**

On Wednesday we had an off timetable All About Me day. One of our school priorities this year is to focus on having a growth mindset attitude in the classrooms. A growth mindset means having a positive attitude and believing in yourself. We had lots of different activities which introduced different growth mindset strategies to the children and an opportunity for children to reflect how they learn best and what their best tools to help them when facing problems. It was a really positive day at school and children were superbly reflective.

Mrs Santinelli shared her feedback from the day. About Me day was a huge success. I really enjoyed delivering a session where we all became a Yeti using and learning about the Power of Yet. We talked about and did activities around how to use the word yet to motivate us when we find things tricky. All the children took away a bookmark with phrases to remind them that they are a Yeti.

In the afternoon all the classes read growth mindset stories and the positive and motivational talk from the children during the day was really inspiring.

Miss Reid also worked with all children in the school and is proud to share that Neptune class showed amazing compassion as they found out about teenagers who had overcome huge adversity in their lives. Saturn gave heart-warming positivity statements that would help others to be resilient in life. Jupiter showed incredible understanding about the power of perseverance to help themselves and others to achieve their personal goals. Mars showed great friendship and empathy about sharing and the importance of kind words.

Miss Reid thoroughly enjoyed her time working with every child in Cavendish - they are a credit to themselves, their school and their family.

The children have also shared some reviews from this off timetable day. Spencer "I really enjoyed the quiz about myself. I realised how much I liked and disliked about things I've not given much thought too"

Leo wrote "my favourite landscape is a place of wonder, I love the nature and I love doing outside stuff, I also love to be in nature, it makes me feel nice and calm, with the birds singing and the trees blowing in the breeze.

### **Spiritual Development – 2Spiritual**

Children have many opportunities throughout the school day. As well as reflecting on learning within lesson time, children attend Collective Worship each day and we start lunchtime with an invitational prayer of thanks. This week we have introduced a new 2 minute session of quiet reflection, called 2Spiritual. Our Forest School feedback shows how much children value the opportunity for quiet reflection and how calming observing the world around us can be. 2Spiritual is a non religious moment to enjoy silence and inspiration through a range of supports. All adults in the school are attending the sessions as a little nourishment for wellbeing benefits us all. Even our visitor from the Diocese joined Saturn class! Experiences this week have included watching a kite flying in the wind, trying different yoga postures and observing nature through time lapse photography. For your own pause moment here is the first verse of the poem I saw carved on a gravestone which started the idea, and emphasises how importance silence is for creativity and genius.

#### **Long-Legged Fly**

W.B. Yeats

That civilisation may not sink,  
Its great battle lost,  
Quiet the dog, tether the pony  
To a distant post.  
Our master Caesar is in the tent  
Where the maps are spread,  
His eyes fixed upon nothing,  
A hand upon his head.

*Like a long-legged fly upon the stream  
His mind moves upon silence.*

### **Cavendish Firework Display**

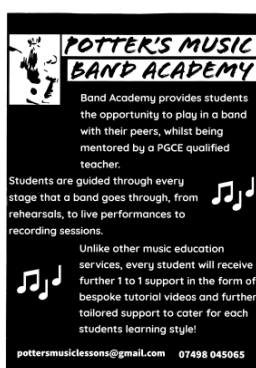
We have been advised that the Cavendish Firework display has been cancelled this weekend and will now take place on 11<sup>th</sup> November. We hope you are able to enjoy this popular annual event.

## School Council – Charity Fundraiser – Royal British Legion Poppy Fund



As in previous years the school is delighted to support this charity. We will be selling items from 2<sup>nd</sup> November. As with previous years the faith council will produce a list of items and suggested donations, these can be purchased from the classroom.

## Band Camp Club - (Cavendish School of Rock)



We are delighted with the interest for Band Camp Club, this will run on a Friday and commence on **Friday 10<sup>th</sup> November**. All parents that have requested a spot for their child should have received contact details for Mr Potter to confirm and pay for the next half term. If you have any questions please contact Miss Jackson in the school office



### Dates for your diary

- 8<sup>th</sup> November- Flu vaccinations (consent forms have been sent via parent mail)
- 10<sup>th</sup> November – Remembrance service 10.45am at the War Memorial
- 13<sup>th</sup> November - Diwali
- 17<sup>th</sup> November – Children in Need fundraising day
- 21<sup>st</sup> November – Neptune Class Duxford Trip
- 27<sup>th</sup> November – Jupiter Class Colchester Zoo
- 1<sup>st</sup> December - Christingle Church service 2pm all welcome
- 6<sup>th</sup> December - KS1 Nativity to Parents (in the morning, exact time and further details to come)
- 10<sup>th</sup>-17<sup>th</sup> December – Cavendish Christmas Tree Festival
- 18<sup>th</sup> December - PTFA All School Christmas Disco 5pm-7pm.
- 20<sup>th</sup> December - End of term Nine Lessons and Carol Church Service 1.15pm

### **School Term and Holiday dates 2023/2024**

#### **Autumn Term**

- PD Days Monday 4<sup>th</sup> and 5<sup>th</sup> September
- Children Start Wednesday 6<sup>th</sup> September
- Half term Monday 23 October to Friday 27 October
- Last day Wednesday 20<sup>th</sup> December

#### **Spring Term**

- PD Day Wednesday 3<sup>rd</sup> January
- Children Start Thursday 4<sup>th</sup> January
- Half term Monday 19 to Friday 23 February
- Last day Thursday 28 March

#### **Summer Term**

- PD Day Friday 12 April
- Children Start Monday 15 April
- Bank Holiday Monday 6 May
- PD Day Friday 24 May
- Half term Monday 27 May to Friday 2 June
- Last day Friday 19 July